

Man sought and found things

An essay on escapism

“Greater freedoms can be found in the emancipation of mental slavery”

Physical slavery isn't as effective as it used to be, while some places still use physical manipulation in order to exercise control, is it a practice which is commonly rejected around the globe. A sick, but clever, mind would come up with a better strategy in order to exercise domestication on its objectives. A strategy which included the *consent* of the objective of slavery. Physical slavery wasn't as effective since consent wasn't given easily. A better way to enslave someone is to control their thoughts into letting them believe they are 'free'. By letting them believe that freedom is already present, you silence disobedience and possible rebellions. It is like giving candy to a kid. A kid will be completely immersed in the experience of sweetness and will be induced into addiction and escapism from an young age. A sweet poison like this has been slowly injected in our cultural mythology, stories, industries, religions and all other tools of inducement. A poison which in turn creates a weaker, obedient, domesticated representatives of human potential.

Did you ever wondered why there are so many distractions in this world? Have you ever dared to ask yourself why you have this constant nagging and anxiety in your whole body? Have you ever wondered why instant gratifications do not bring you happiness on the long term? All these distractions are traps for the confused mind. A confused mind will try to escape from these feelings of emptiness in these tools of inducement. A confused mind will try to seek freedom in religion, books, sugars, drugs, sex, money and all other forms of escapism. It is impossible to escape from your inner pains and fears. It is simply ridiculous to assume that freedom and peace will be found in blinding yourself from your misery. All these glimpses of joy and paradise are accumulating obstacles for experiencing real freedom instead of an illusion of freedom. Consumerism and the outward focus that accompanies it will distract the mind from going within. Without going within, we will go without.

The indulgences of our current society is a challenge for the confused mind. If the mind will find freedom and peace without the indulgences, it can be a part of the indulgences without being attached to it. Mental slavery can only exist by our *consent*. You give your consent for the existence of McDonald's when you buy big-mac. You give your consent for violence when you decide to join the army as an young man. You give your consent for dysfunctional education, when you justify your participation in that 'education'. The challenge of emancipating our mental slavery is found in realizing our current mental state and to slowly shed the layers of the falseness that has been induced on you.

Only then can one experience what freedom can really mean.

“We choose to make choices, but it seems we have delegated that ability”